

Monthly Meal Expenses



A closer look at my Meal Expenses



Let's look at the data



Sample Weekly Shopping List

Product	Cost	Quantity	Total
<i>Bread</i>	\$1.50	1	\$1.50
<i>Milk</i>	\$2.50	2	\$5.00
<i>Eggs</i>	\$4.00	1	\$4.00
<i>Bacon</i>	\$6.50	1	\$6.50
<i>Ham</i>	\$4.50	1	\$4.50
<i>Cheese</i>	\$3.80	1	\$3.80
<i>Mustard</i>	\$1.75	1	\$1.75
<i>Mayonase</i>	\$2.80	1	\$2.80
<i>Chips</i>	\$2.80	2	\$5.60
<i>Chicken</i>	\$8.00	2	\$16.00
<i>Potatoes</i>	\$0.60	3	\$1.80
<i>Corn</i>	\$3.60	1	\$3.60
<i>Pizza</i>	\$6.00	1	\$6.00
<i>Apple</i>	\$0.50	3	\$1.50
<i>Grapes</i>	\$7.00	1	\$7.00
Total			\$71.35



Where can we save?

- ✿ Shop at Walmart?
- ✿ Cut out the Pizza?
- ✿ Save those leftovers?
- ✿ Go on a diet?

